BACKCOUNTRY TOURING PACK LIST

⚠️ **Important:** Equipment is not included with your booking. Bring your own or arrange rentals in advance.

🎿 ESSENTIAL GEAR

Touring Setup

☐ Ski touring skis/snowboard/splitboard with skins
☐ Rando or snowboard boots
☐ Adjustable poles
☐ **Ski/snowboard crampons** ⚠️

⚠️ **Mandatory -** *Icy conditions may force us to turn back without them*

Pre-Trip Check: Ensure all bindings are properly fitted and skins are sized correctly

Safety Equipment (Non-Negotiable)

☐ Avalanche transceiver (fully charged/fresh batteries)
☐ Probe
☐ Shovel
☐ 30-40L backpack with ski/board carry system

👕 CLOTHING LAYERS

The Layer System

☐ **Base Layer:** Merino wool or synthetic underwear (top & bottom)
☐ **Mid Layer:** Fleece or wool jacket
☐ **Outer Shell:** Wind/waterproof jacket and pants

Don't Forget

☐ **Down jacket** (essential for stops and descents)
☐ **Warm hat or beanie**
☐ **Two pairs of gloves:** thin gloves for ascending + warm mittens/insulated gloves for descending
☐ Helmet (highly recommended)
☐ Ski goggles

🎒 PACK ESSENTIALS

☐ **Sun protection:** Sunscreen (SPF 30+) and sunglasses (March-May)
☐ **Headlamp:** With fresh batteries (November-March)
☐ **Hydration:** Minimum 1.5L (insulated bottle recommended for winter)
☐ **Fuel:** Pack lunch, high-energy snacks, and trail mix
☐ **Personal items:** Any medications, athletic tape, blister kit

⚠️ **Important:** Inform your guide about any medications or health concerns before departure

🦴 OPTIONAL GEAR

Specialized Equipment (guide will specify if needed)

☐ Ice axe
☐ Harness
☐ Mountaineering crampons

Nice to Have

☐ Bivvy bag
☐ Sit pad or small foam mat
☐ Map and compass
☐ Personal first aid kit
☐ GPS device or backup navigation
☐ Camera or phone for taking pictures

☑️ FINAL CHECKLIST

Before you leave:

☐ Test avalanche transceiver
☐ Check weather forecast
☐ Verify ski crampons are compatible with your setup
☐ Pack high-calorie food
☐ Charge headlamp batteries
☐ Apply sunscreen before starting

Questions about gear? Contact your guide in advance—better to ask than to be underprepared!